

# **Christmas at Sea 2008**

## **Knitting & Sewing**

### **Patterns**

**Seafarers Ministry of the Golden Gate**  
*Continuing the Ministry of the Scandinavian Seamen's Mission*

Send or bring knitted and sewn items to:

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**Items must reach us by Friday, October 17, 2008**

**American Baptist Churches of the West can bring items to the  
Annual Celebration at the Antioch Progressive Baptist Church in Sacramento  
October 9-10, 2008**

or

**The American Baptist Women's Ministries Diva Fest  
Time and Place to Be Announced**

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## WATCH CAP DIRECTIONS

Materials: 3 oz 4 ply yarn, Orlon, polyester, Acrilan, any color, Four No. 3 double pointed needles.

Cast on 36 stitches on each of 3 needles (108 stitches). K2, P2, for four inches.. K plain for 4 inches. Then K2 stitches together at both ends of needles for decrease, until 36 stitches remain, 12 on each needle. Break yarn, then thread into a needle and run yarn around through stitches. Draw up and fasten on inside.

## HELMET DIRECTIONS (Balaclava)

4 double-pointed N. 3 needles (9 inches long or longer)  
5 to 6 oz. 4-ply yarn, orlon, polyester, acrilon, any color  
Gauge: 5 1/2 sts. make 1 inch; 10 rows make 1 inch

Cast 28 sts. onto one needle; with two needles work garter stitch (knit every row) back and forth, increasing 1 st. each end of needle every other row, until there are 48 sts. Work even in garter stitch until piece measures 7 inches from beginning; leave on needle.

With other two needles make another piece just the same.

With one needle knit 32 sts; with second needle knit 16 sts. from first piece and 16 sts. from second piece; knit onto third needle the remaining 32 sts. Join these 96 sts and work around and around in ribbing of K2, P2, for 3 inches. Next row: K12, slip next 24 sts. off onto holder. Work garter stitch back and forth (as if on 2 needles) on remaining 72 sts. for 6 1/2 inches.

Next row K50 sts., slip 1, K1, pass slip st over, K1, turn; \*slip 1, K28, slip 1, K1, pssso, K1 turn\*. Continue back and forth between \*s, (which decreases 1 st. each row and takes on 1 st. from the side each row) until you have worked out to the ends of needle; 30 sts. remain. This will now be called the 3rd needle.

Pick up and K27 sts. on one side of face opening with one needle and K2, P2 for 12 sts. from st. holder at neck;

With needle two, K2, P2 for 12 sts remaining on holder and pick up and K27 sts. along other side of face opening, and K 1 st from 3rd needle onto needle two.

Work round and round in ribbing of K2, P2 for 1 1/2 inches. Bind off loosely.

## SPIRAL SOCKS

4 oz, 4 ply yarn, orlon, polyester, acrilan, any color. Four No. 6 double-pointed needles.

Cast on 36 sts. Divide onto 3 needles and K2, P2 for six rounds. Then change to spiral pattern as follows:

Rounds 7 to 12: K3, P3

Rounds 13 to 18: K2 \*P3;, K3, \* repeat \*to\*, end K1

Rounds 19-24: K1, \*P3, K3, \* repeat \*to\*, end K2

Rounds 25 to 30: P3, K3

Rounds 31 to 36: P2, \*K3, P3\* repeat \*to\*, end P1

Rounds 37 to 42: P1, \*K3, P3, \* repeat \*to\*, end P2

Repeat from Round 7 until sock measures 16 1/2 inches.

Shape toe:

K6, K2 tog., k2, slip 1, K1, pssso, K12, K2 tog., K2, slip 1, K1, pssso, K6

K one round. Move last st from needle one onto needle two. Move first st from needle three onto needle two.

K5, K2 tog., K2, slip 1, K1, pssso, K10, K2 tog., K2, slip1, K1, pssso, K5

K one round

K4, K 2 tog., K2 slip 1, K1 pssso, K8, K 2 tog., K2 slip 1 K1, pssso, K4

K one round

K3, K 2 tog. K2, slip 1, K1, pssso, K6, K 2 tog., K2, slip 1, K1, pssso, K3

Move last st from needle one onto needle two. Move first st from needle three onto needle two. K 5 stitches from needle one onto needle three. Cut yarn about 10 inches from sock and thread into yarn needle.

Weave a kitchener toe:

With needles parallel, put yarn needle into first stitch on front needle as though to knit, and slip off needle. Yarn into next stitch as though to purl, and leave on needle. Yarn into first stitch on rear needle as though to purl and slip off needle. Yarn into second stitch on rear needle as though to knit and leave on needle. Repeat on front and back needles alternately. At last stitch draw yarn through to inside of sock and fasten by weaving down away from toe.

## TWO NEEDLE CAP

Cast on 116 stitches with #4 needles

K1, P1 for 4 inches.

Change to Number 3 needles and continue ribbing for 2 inches more (6 inch total).

Change to Number 4 needles and stockinette stitch, decreasing 12 stitches at even intervals across first row to 104 st. (K7, dec 1 st\*. Repeat 11 times and end without another decrease.)

Continue stockinette for 3 inches.

To shape top:

Row 1: K6, K2. tog. Repeat across row.

Row 2: Purl

Row 3: K5, K2 tog. Repeat across row.

Row 4: Purl

Row 5: K4, K2 tog. Repeat across row.

Row 6: Purl

Row 7: K3, K2 tog. Repeat across row.

Row 8: Purl

Row 9: K2, K2 tog. Repeat across row.

Row 10: Purl

Row 11: K1, K2 tog. Repeat across row.

Row 12: Purl

Row 13: K2, tog. Repeat across row.

Row 14: Purl

To finish: Cut yarn, leaving a 20 inch tail. Thread a yarn needle and draw through the remaining stitches, pulling them together very firmly. Sew the back seam using a short, shallow running back stitch with easy tension, reversing the seam on the last half of ribbed cuff.

## MENDING KIT

Materials: Colorful fabric - corduroy, denim, sailcloth, felt, etc.  
One snap or Velcro

### DIRECTIONS

Cut two pieces of cloth 7 1/4" x 4"

Cut one in half, turn both cut straight edges under and stitch.

With right sides together, place two halves on uncut piece.

Stitch entire outside edge together, thus forming two pockets. Turn inside out squaring the corners, press. Stitch all around 1/4" in from edge.

Cut small oval of flannelette or felt with pinking shears. Place on finished kit as shown. Stitch across center, leaving side pockets free under flannelette.

Attach to Flannelette a minimum of:

2 needles - medium size

2 medium safety pins

2 large safety pins

2 small safety pins

5 or 6 common pins

In one pocket put a piece of cardboard to which has been sewn:

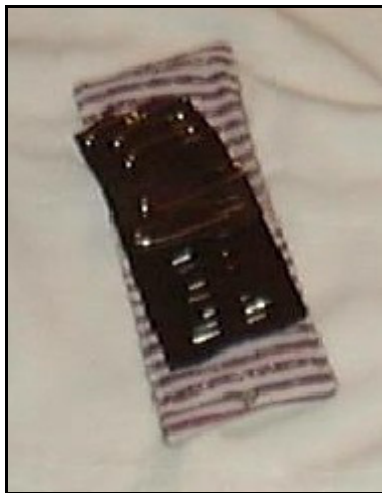
1 large dark jacket button

1 dark pants button

2 white shirt buttons

In other pocket put a piece of cardboard wound with white, black, brown and gray thread, at least 3 yards of each.

Fold in half and sew snap or Velcro closing where outer edges come together.



Picture of the Mending Kit showing the flannel insert with needles and pins attached. Buttons and thread are in the pockets.

Options for Mending Kit could be a Cough Drop Box or a Pill Box.

## DITTY BAG PATTERN

Materials:

1 yard sturdy, brightly colored cloth

One pair 30" shoelaces, or two 30" lengths of twill tape, cording or macrame braid or seam binding tape

Directions:

Cut according to width of material

45" wide ... cut 4 ... 11 1/4" x 36"

36" wide ... cut 3 ... 12" x 36"

60" wide ... cut 5 ... 12 X 36"

Finished Size is approximately 12" by 15"

Fold material in half, right sides together. Stitch 18" side seams

Fold top down 2". Turn raw edge under 1/4", and stitch hem.

Place another row of stitching 1" above hem, making a casing of 1" and a heading of 3/4"

Turn bag right side out. With seam ripper or razor blade, cut stitches to open 1" casing at each side. Insert 1 shoelace in one seam opening. Bring **completely around** inside casing and exit at the same spot. Knot ends together. Repeat in other seam opening with second shoelace. Laces should emerge from **outside** of bag, and when pulled simultaneously, should close bag.

Note: Bag may be made from different pieces of material.

**Note: Please keep Ditty bags exactly to the size of the pattern. If they are too big the gifts get lost. If they are too small, the bags are not usable. We try to make all of the gifts of similar value and size. Please help us by making all of the bags the same size.**

Picture of completed Ditty Bag. Ditty Bags are a tradition among seafarers. They are easy for *wrapping* and transporting gifts. They can also be used by the seafarer after Christmas to store odds and ends.



This alternative pattern for hats is provided by Betty Adam of Stockton for those who would rather crochet than knit:

## CROCHETED ADULT CAPS

Worsted weight Yarn, it varies in texture so use size G, H or I crochet Hook whatever feels best.

Chain 4 stitches and join together with slip stitch.

Row 1: Chain 3, 9 double crochet in circle join with slip stitch.(join at the end of every row)

Row:2: Chain 3 1 dblc in same space as chain and 2 dblc in each stitch around(20 stitches)

Row 3: Chain 3 \*2 dblc in next stitch, 1 dblc in next stitch\* repeat sequence around join as above--30 sts.

Row 4: Chain 3, 1 dblc. in next st., \*2 dblc in next St. , dblc. in next 2 sts.\* repeat--40

Row 5: ch 3 1 dblc in next 2 sts,\* 2 dblc -in next and 1 dblc in next 3 sts\* repeat around--50

Row 6: Ch 3, 1 dblc in each stitch--50

Row 7: ch 3 1 dblc in next 3 sts,\* 2dblcs -in next st. 1 dblc in next 4\* repeat around.

Row 8: Repeat row 6

Row 9: ch3, 1 dblc. in next 8 sts., \*2 dblc -in next St. 1 dblc in next 9sts\* repeat around--66

Row 10: Repeat row 6

Row 11: Repeat row 9( increase sts will not come out even -in this row that's OK)

Repeat row 6 until cap measures about 10 inches

Then I make next row using front loops only and put 2 half dblc in about every 4th St then half dblc each of the next 3 rows(1 inch)then the last row I just do single crochet--this makes kind of a kind of a curled up brim.

Use you imagination with colors and also yarns. Cap Should stretch to about 20 inches circumference. Have fun and experiment.

